



Some people need blood on the day they are born. Like Dori, who was born premature at 30 weeks and experienced a brain hemorrhage. Her first nine weeks were spent in the hospital, where she needed blood several times. Her mom, Kelly, adores Dori and her will to live. And is forever grateful to blood donors who gave Dori a chance at life.

Blood is Life.
DONATE.



Doing more good than you know.

Blood Drive and

Marrow Donor Registration

Wales Community

Tuesday, November 30, 2010

3:00 p.m. to 7:00 p.m.

Wales Community Center at 216 South Street

Contact Pauline at 262-968-3968

To donate blood, you must:

- Be in good health
 - Weigh at least 110 lbs.
 - Have a photo I.D. with birth date (Example: drivers license, State ID card)
 - Be at least 17 years old (16 years old with parental consent), no upper age limit
- Note: There are new eligibility criteria for donors age 18 and under. Contact BloodCenter for details.

All donors should feel in good health on the day of donation.

There are some reasons why you may not be able to donate. Please be prepared to share your list of prescription medications, discuss your medical history and travel outside of the United States.

Please bring a photo ID

1-877-BE-A-HERO | www.bcw.edu



THINGS TO REMEMBER *before you donate.*



Doing more good than you know.

- Come well rested from a good night's sleep.
- Have a good dinner the night before, and a great breakfast the morning of your donation.
- Be well hydrated. Double your fluid intake the morning of your donation. Water and juice are recommended.
- Relax. Donating blood is simple, and remember, you are saving a life!

Most people can donate blood. Below are a few reasons you may not be able to donate.

Antibiotics You can donate three days after finishing antibiotics for an infection (bacterial or viral). You can donate if you are taking antibiotics to prevent an infection, for example, following dental procedures or for acne. Antibiotics for acne do not disqualify you from donating.

Dental work You can donate if there is no infection.

Heart disease A history of heart disease may require a letter of approval from your physician. Final approval is subject to review by a BloodCenter of Wisconsin physician. This will be determined during your health history when you come in to donate.

Infections You must be infection-free.

Menstruation Women can donate during their periods.

Piercings Ear or body piercing using single-use equipment in an approved setting is acceptable.

Pregnancy Women who are pregnant should not donate. Please wait to donate until 6 weeks after giving birth. Women who are breast-feeding are eligible to donate.

Tattoos If your tattoo was applied by a licensed facility in Wisconsin, you can donate blood. If your tattoo was applied by an unlicensed facility or a facility outside Wisconsin, we require a 12-month waiting period from the time the tattoo was applied.

Travel If you have traveled to a malarious area in the past year, you may not donate until 12 months after return from travel to the malarious area. If you have ever had malaria, you must be symptom-free for 3 years.

